



Deliberating Work-Life Balance Within Recovery Courts

A TARCP PROFESSIONAL SERIES

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2023
Happy New Year

Who is Danielle Coke?

Danielle offers a little background about herself and speaks on [Your Present Purpose](#).



To hear more from Danielle, go to her [For the Ultimate Good](#) podcast at [OhHappyDanni](#).

Dr. Stephen Loyd discusses with WJHL News his chairing the state's new [Opioid Abatement Council \(OAC\)](#), which will distribute roughly 70% of Tennessee's opioid settlement funds.

Don't forget to remember self-care in the new year. You will find everything from a treehouse vacation at Ruby Falls in Chattanooga to the Skyland Ranch with a scenic chairlift and mountain coaster in Sevierville, [check out all that's new in Tennessee in 2023!](#)

With Appreciation



Phillip Martin is the winner of this month's TARCP 20-ounce Yeti Rambler!

The Marvelous Light

“You were created to do good work. Work that empowers and inspires, liberates and transforms, restores and softens. Yes, work can be hard – as it was meant to be. The verb itself calls us into action. Rejecting passivity, and demanding sustained effort. It provokes, agitates, and disturbs. But this work – the call for justice – is good work. It defends the oppressed and frees the captive. It tears down walls and destroys barriers. It changes things. So when you're feeling weary, or hopeless, or spent, remind yourself that the darkness is being flooded by marvelous light. Yes, this is work. And it is good.”

– Danielle Coke

Working as a professional in the field of transformation can be a difficult job. You are investing your time, talents, and energy in people and, as we all know ourselves, being human is just that, being human.

Yet each day you wake up and do it again and again and again. You can grow weary as some recovery court participants take a path that can lead to an unfortunate result. Yet, the next day, there you are, waiting to offer guidance to another in need of recovery assistance.

If not for your diligence, many would never experience a life changed. A family changed. New friendships. The ripple effect of one's recovery story giving hope to another. This work, your work, is a heavy responsibility due to all potential outcomes, both good and bad, for those you serve. You see this, know this, and reject passivity because passivity could mean potential death for those you work so hard to help.

So, if you grow tired on some of the days ahead in this new year, remember Danielle Coke's quote and know this. You are the faces behind the call for justice. You provoke and agitate. You are the ones who defend the oppressed and free the captive. You destroy barriers and tear down walls. You reject passivity and demand sustained effort. You are the marvelous light. And it is good.

