



Deliberating Work-Life Balance Within Recovery Courts

A TARCP PROFESSIONAL SERIES

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Visit NAADAC to read about advocacy and the voice you have to offer [NAADAC on Advocacy](#).

American Public Health Association (APHA) offers a best practice list for speaking with elected officials. [Best Practice for Day on the Hill](#)

Listen to Judge Xiomara Torres talk about the power of advocacy at [TEDx Portland](#).

Celeste Headlee shares how to have a good conversation in a divided world at [TEDx Creative Coast](#).

Matt Abrahams explains how to speak out confidently with conversational language at [TEDx Palo Alto](#)

Joseph R. Campbell offers 5 steps to become an advocate at [TEDx Adelaide](#).

With Appreciation



Rosemary Sprague is the winner of this month's TARCP 20-ounce YetiRambler!

Share Your Stories and Give Thanks

TARCP members head to the Tennessee General Assembly this month to share their recovery court experience and addiction treatment knowledge. We have a unique perspective that offers insight to elected officials as we advocate for those we serve in the process.

When members and recovery court participants head to the hill in numbers as constituents wanting to speak to their elected officials, they are heard differently and contribute to the process of legislation and policy. The contributing factors to addiction and recovery are now more personal. It has a face and a story attached to it.

Recovery Courts and their participants can also highlight the importance of community systems, family, social networks, reduction in correctional costs, and having access to addiction treatment services. Recovery courts harness the ability to address all these factors through access to addiction services and working to ensure court participants remain engaged and productive in their communities.

Many social service agencies can only offer a piece to the assistance puzzle for the demographic in which they serve. Recovery Courts are unique in that they address multiple issues to help a person become whole again, while serving with a peripheral view that not only addresses the individual before the court, but also the families and communities touched by this individual as well. Recovery Courts make a difference in numerous ways with an ability to achieve positive in your backyard social change.

If you are unable to attend the TARCP 2023 Legislative Day on the Hill on February 28th, you can still call your legislator and have a conversation about those you serve. Remember to also thank your elected officials for supporting recovery courts. Remind them of the many lives that have been saved and the many families that remained intact because they heard those who asked for help.

Go to [TARCP 2023 Legislative Day on the Hill](#) for details on this event.

