THE RECOVERY VOICE



TENNESSEE ASSOCIATION OF RECOVERY COURT PROFESSIONALS

> October 2020 Volume 10, Issue 4

Latest TARCP Recovery Podcast



Please go to the below link for the TARCP Podcast #4, an interview with Dr. Monty Burks. <u>https://tarcp.starchapter.com/announcements.php?id=1</u>

You can find the TARCP Podcast #5, an interview with Kaylin Flamm, Occupational Therapist, 16th Judicial District Recovery Courts, Murfreesboro, TN, at <u>https://tarcp.starchapter.com/announcements.php?id=3</u>

If you have an idea for a podcast topic, please reach out to Marie Crosson at <u>marie.crosson@tarcp.org</u>. You can find all podcasts at <u>tarcp.org/podcast</u>.

Self-Care Series

To view TARCP's Selfare Series, please godtor website https://tarcp.org/resourcecenter#43self-care series





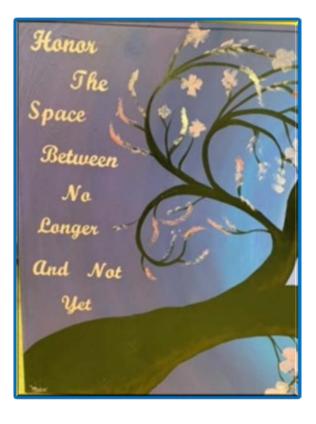


Reflecting on Recovery Month

The ladies at the Davidson County Residential Drug Court (DC4) used their creative talents this September to connect and celebrate Recovery Month. Recovery Month recognizes the societal benefits of prevention, treatment, and recovery for mental health and substance use disorders. It spreads the positive message that behavioral health is essential to overall health, prevention works, treatment is effective, and people recover.











Addiction Policy Forum is working in communities across the country, committed to helping patients and families in crisis, preventing addiction, improving access to quality treatment, and ending the stigma of addiction. Founded in 2015, the Forum is a nationwide nonprofit with their national headquarters located in Washington, DC, making resources and services available in each state. Their vision is to eliminate addiction as a major health problem.

You might want to read their October 21st posting on the Addiction Policy Forum and Foundation for Opioid Response Efforts (FORE), launching a partnership to assist with the efforts to provide telehealth support for justice-involved substance use disorder (SUD) patients during the pandemic. This partnership will extend the Connections App to those in drug courts as well as to other criminal justice diversion programs. This is a free smartphone app to support those in recovery by reducing relapse and encouraging prosocial engagement. The Forum offers Connections through its partnership with CHESS Health, with the app linking patients to trained counselors and peers, offering daily check-ins, clinical support, ways to track sobriety and treatment, and other resources that are patient-centered.

This is just one of many resources on this site. Go to <u>https://www.addictionpolicy.org/our-work</u> to find research resources, presentations and trainings, and addiction policy forums, just to name a few.



Project Implicit is a non-profit founded in 1998 by three scientists from the University of Washington, Harvard University, and the University of Virginia. It is an international collaboration between researchers interested in implicit social cognition (thoughts and feelings outside conscious awareness). Their goal is to educate the public about hidden biases, providing a virtual laboratory for collecting data over the Internet. The Project provides lectures, workshops, and consulting services on implicit bias, diversity and inclusion, leadership, applying science to practice, and innovation. You can find out more about Project Implicit at https://implicit.harvard.edu/implicit/aboutus.html and see below to know what to look for on the site to participate in an Implicit Association Test.

Preliminary Information

On the next page you'll be asked to select an Implicit Association Test (IAT) from a list of possible topics . We will also ask you (optionally) to report your attitudes or beliefs about these topics and provide some information about yourself.

We ask these questions because the IAT can be more valuable if you also describe your own selfunderstanding of the attitude or stereotype that the IAT measures. We would also like to compare differences between people and groups.

We Enjoyed the Tour

In August TARCP took a sneak peek of the facilities where the Women's Residential Program for recovery courts will open in 2021. The site is about to be under renovation, so the tour was planned to obtain some footage for a before and after project. Expect to see the REAL footage for this project from the Tennessee Department of Mental Health and Substance Abuse Services over the months to come. Stay tuned!



From left: Marie Crosson (TARCP) Ellen Abbott (DMHSAS), Jeri Thomas (Nashville Drug Court Support Foundation), Judge Angelita Dalton, Judge Seth Norman (retired)



Doug Freeman (Development Manager, STREAM, Tennessee Department of General Services), Judge Seth Norman (retired), and Judge Dalton reviewing a map of the grounds.

City of Jackson Recovery Court Celebrated Two Graduates in August!





DeKalb County Recovery Court



In September Judge Bratten Cook received a Certificate of Appreciation for his continued leadership from Peer Support with quotes from many participants and a basket of goodies!

The 2[¶] District Recovery Court Celebrated 4 Graduates!

The 21st District Recovery Court held a September graduation at Jim Warren Park in Franklin, TN.



A Special Shout Out to Tim Alexander!



Mr. Alexander is a 2017 graduate of the City of Jackson Recovery Court and has been working as their men's drug screen tech for the last year. He celebrated being five-years clean on October 6th. He is known for being a loyal and hard worker, for which the program is most appreciative.

(Almost) Feels Like Old Times!

Like most of us, the 23rd District Recovery Court has been meeting by Zoom during these trying times. Due to being a residential court, daily contact continued with its participants. However, after months of meeting online and at the Sober Living Residences, the team and participants had a homecoming at the Dickson County Courthouse for an almost back-to-norm Drug Court staffing and docket on October 22nd. Participants and team members maintained social distancing and wore face masks. Otherwise, it was very much "business as usual" down at the old courthouse!



Jake Lockhart, Dough Beechman, Robert Scotty Barnhill, Debbie Estes Batts, and Kevin Batts









Thank You, Pete By Sherry Robertson

Pete Stoddard, a long-time member of our Montgomery County Recovery Court Team (and retired professor from APSU), passed away Thursday, April 23, 2020 from a heart attack. We began our program in 2005 and Dr. Stoddard joined our team in September 2006. He served in the role of Evaluator. As the Evaluator, he had access to all program information and would review that information and client information to ensure the program operated in a fair way, without regard to someone's age, race, gender, etc., as it related to being accepted into the program and as it related to their treatment in the program. He was a very active member, attending conferences, weekly staffing, court sessions, and training. The evaluator is not required to attend court regularly nor have the level of involvement or personal commitment to Recovery Court. Pete did this out of his commitment to the program and did so consistently until the last couple of years when his health limited such. However, he was still active and attended when he could. He had spoken with the Coordinator about the program less than 24 hours before his passing, working on the current evaluation. In the past, Pete also donated financially to the program.



"In memory of Dr. Pete Stoddard, who served on the Montgomery County Adult Recovery Court Team from 2006-2020."



Pete and team members enjoying dinner during a TARCP Conference.

Training Opportunities and Conference Update

Ethics for Alcohol and Drug Counselors: Living on the Edge Presenters: Nita Mehr, LCSW, Ph.D. and Barry Cooper, MS November 6, 2020 from 8:30 a.m. – 12:00 p.m. CST Register

Stigma Free Tennessee

Presenters: Lisa Black, M.Ed., NCAC II, CCS November 12, 2020 from 8:30 a.m. – 1:00 p.m. CST <u>Register</u>

Roadmap for Recovery A&D Peer Training Model 1

Presenters: Ken Barton, CPRS and Jean Marquis, CPRS November 16-19, 2020 from 11:00 a.m. – 1:00 p.m. CST November 20, 2020 from 11:00 a.m. – 1:00 p.m. CST <u>Register</u>

Domestic Violence

Presenter: TBD January 15, 2021 from 9:00 a.m. – 12:00 p.m. CST Registration Not Open, Save the Date

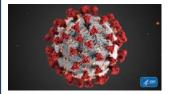
Human Trafficking

Presenter: Tia Bowden January 29, 2021 from 9:00 a.m. – TBD Registration Not Open, Save the Date

For additional information, go to TAADAS Trainings



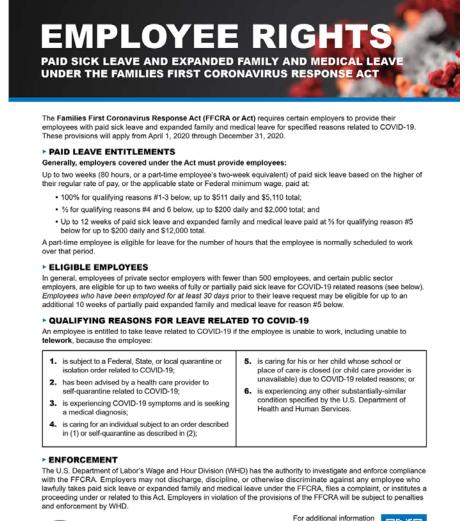
COVID-19 Information and Resources



TARCP continues to monitor the everchanging number of COVID-19 case in Tennessee, offering updates and resources to our courts, professionals supporting those courts, and individuals in recovery. Below is a state link that offers Governor Lee's most recent and past briefings on the virus, a COVID dashboard, which breaks down data by county, screening tools, and testing sites, to name a few of the resources the state has made available online. https://covid19.tn.gov/

The Families First Coronavirus Response Act (FFCRA)

The Families First Coronavirus Response Act (FFCRAor Act) requires certain employers to provide their employees with paid sick leave and expanded family and medical leave for specified reasons related to COVID-19 These Provisions will Apply from April 1, 2020 through December 1, 2020.





WAGE AND HOUR DIVISION UNITED STATES DEPARTMENT OF LABOR

dditional information r to file a complaint: I-866-487-9243 /: 1-877-889-5627 r/agencies/whd	
agencies/witu	WH142

0

۲۲۱ dol.gov





1321 Murfreesboro Road, Suite 140 Nashville, TN 37217 <u>https://tarcp.org/</u>