



16^e U14-U16 FIS CIT INTERNATIONAL CUP



MARCH 28/29/30 AND 31 2024
IN PRA LOUP AND AU SAUZE/SUPER SAUZE



PROGRAM

16^e U14-U16 FIS CIT INTERNATIONAL CUP

Wednesday, March 27, 2024

- 4:00PM** Track Tracing from Super G to the Praloup
- 8:00PM** Coaching meeting at the Praloup Tourist Office
- 8:30PM** Race committee at the Praloup Tourist Office

Thursday, March 28, 2024

SUPER G

- 8:00AM** Opening of Praloup Ski lifts
- 8:15AM/8:45AM** **Recognitions** / 9:00AM Closing Recognitions
- 9:15AM/9:45AM** **Race Begins** / 12:00 Race ends
- 4:00PM** **Track Tracing of the Super Combined SG/SL**
- 6:00PM** Race committee at the Praloup Tourist Office

Friday, March 29, 2024

SUPER COMBINED

- 8:00AM** Opening of Praloup Ski lifts
- 8:15AM/8:45AM** **Recognitions** / 9:00AM Closing Recognitions
- 9:15AM** **First start** / 11:15AM End of the Race SG
- 11:30AM/12:00** **SLALOM heat Recognitions** / 11:45AM Closing Recognitions
- 12:15PM** **First start**
- 3:00PM** **Track Tracing GIANT, Super Sauze**
- 5:00PM** Race committee at the Sauze Tourist Office
- 6:00PM** **Presentation of Awards** followed by a buffet dinner in Barcelonnette

Saturday, March 30, 2024

GIANT

- 8:00AM** Opening of Super Sauze Ski lifts
- 8:10AM/8:40AM** **GIANT 1st Heat Recognitions** / 8:25AM Closing Recognitions
- 9:00AM** **First start**
- 11:00AM/11:30AM** **GIANT 2nd Heat Recognitions** / 11:15AM Closing Recognitions
- 11:45AM** **First start**
- 3:00PM** **2nd Heat Track Tracing SLALOM, Sauze**
- 6:00PM** Race committee at the Sauze Tourist Office

Sunday March 31, 2024

SLALOM

- 8:00AM** Opening of Super Sauze Ski lifts
- 8:10AM/8:40AM** **SLALOM 1st Heat Recognitions** / 8:25AM Closing Recognitions
- 9:00AM** **First start**
- 11:00AM/11:30AM** **SLALOM 2nd Heat Recognitions** / 11:15AM Closing Recognitions
- 11:45AM** **First start**
- 2:30PM** **Presentation of Award GIANT/SLALOM** in the bottom of the Sauze track.

* The final times will be decided by the Race Committee



16TH U14-U16 FIS CIT INTERNATIONAL CUP

HONORARY COMMITTEE

Renaud MUSELIER
Martine VASSAL
Benoît PAYAN
Michèle RUBIROLA
Hervé LIBERMAN
Thierry SANTELLI
Patrick BOUVET
Albert OLIVERO
Sophie VAGINAY
Sébastien JIBRAYEL
Elisabeth JACQUES
Fabien SAGUEZ
Osi INGLIN
Christel PASCAL-MARCHAL
Didier CUCHE
Gilles CARRETTA
Jean-Louis DEBART
Christian GENTILETTI
Michel BARNEAUD
Jean-François CONNET
Gilles CARRETTA
Guy PONTIER

Chairman, PACA Regional Council
Chairman, Departmental Council 13
Mayor of Marseille
First Deputy Mayor of Marseille
Chairman, PACA Regional Council Sports Commission
Chairman, Departmental Council (13), Sports Delegate
Mayor of Uvernet-Fours Pra Loup
Mayor of Enchastrayes
Mayor of Barcelonnette
Deputy Mayor of Marseille, Sports Delegate
Mayor CCVU Sport
Chairman, French Ski Federation
FIS-CIT Chairman
Director of Youth and Sports Departmental Council 04
FIS representative for France
Chairman Alpes Provence Regional Committee
National Citadin Commission Manager
Chairman Pra Loup Tourist Office
Urban National Commission Vice president
Chairman, Ski Committee (13)
Chairman of Ski Academie
Chairman of Ski Club Saint-Antoine

ORGANISATION AND TECHNICAL COMMITTEE

Jean-Louis DEBART
Didier CUCHE
Gilles CARRETTA
Guy PONTIER
Christian DE LORENZO
Yannick DEBEUX
Thomas JOLIMET
Dominique LIEGEOIS
Draguy VOJVODANOVIC

General Director for the competitions
Deputy Director for the competitions
General Event Coordinator
Deputy General Coordinator of events
Le Sauze Race Director
Race director Pra Loup
Director of Ski Lifts Pra Loup
Director of Ski Lifts Le Sauze / Super Sauze
Director of Ubaye Tourism

REGULATIONS

16TH U14-U16 FIS CIT INTERNATIONAL CUP

ART 1

This competition is meant for boys and girls born in the following years : **2008, 2009, 2010 et 2011** who are members of any of the federations listed by the International Ski Federation.

ART 2

This competition will take place in the form of 4 races: **Super Giant, Super Combined (SuperG + Slalom) Giant** and **a slalom** and whose rules must conform to the FIS rules in force concerning youth races.

ART 3

All racers equipment must comply with the provisions of the RIS, in particular with regard to dorsal/back protective shells and helmets (FIS labels affixed to the back of the helmet) which are mandatory. Skis and boots must meet the following specifications:

• SUPER G

- (U14) : Max length 205cm (France)
- (U16) : Minimum Length 183/Radius 30m

• GIANT

- (U14) : Max length 188cm / Radius 17m Mini
- (U16) : Max length 188cm / Radius 17m Mini

• SLALOM

- (U14) : Mini length 130cm
- (U16) : Mini length 130cm
- Maximum height skis all disciplines + Plates 50mm Max
- Thickness Sole Shoes K1 and K2 43mm Max
- Width under mounting GS/SG 65mm Max

ART 4

These competitions shall lead to a separate classification for each category U14, U16, Boys and Girls. The first three from each of the four categories shall be given a prize.

At the end of all the competitions the nations shall be ranked according to the total «race points» of each nation's best skiers (group A) in each race and in each category. Skiers registered within the framework of «double quota» shall not be taken into account in this ranking. A Nations Cup shall be given to the nation with the highest number of points.

ART 5

The participation quota shall be limited to 2 boys and 2 girls per age year, i.e. a maximum of 16 skiers per nation. Only the skiers included in this quota may participate in the nations trophy competitions. Their «race points» shall then be taken into account. The organising nation must declare the 16 skiers representing it, on a separate registration list.

ART 6

Two groups shall be formed in each category: a group of skiers participating in the International Cup, and a group of «double quota» skiers not qualified for this Cup in the organiser nation.

Lots shall be drawn at random for the first run and for each category U14, U16, boys and girls. The groups of participants in the International Cup shall leave before the double quota group from the organiser nation.

Girls shall leave before the boys, respecting the categories.

The start order for the 2nd run > the best 30 shall start in the reverse order of their ranking from the 1st run.

Depending on the number of competitors and/or time difference, the DT may bring down this number to the best 15.

ART 7

The organiser undertakes to provide each nation with the necessary registration documents. These documents shall be sent latest 60 days before the competition, by mail to the head of CIT FIS Committee in each nation, and to each nation's federation.

The organiser also undertakes to coordinate the accommodation of the nations present, and to apply the rate recommended in the existing international regulations.

Registration fees shall be paid and fixed in accordance with the FIS CIT regulation (ALWC/Point 7).

Registrations must be completed with the FIS registration form.

ART 8

The International Cup competitions refer to the regulations on international skiing competitions applied by FIS (RIS), especially on Alpine competitions for children (Art.608 of RIS).





COMMITMENTS

SEND THE COMMITMENTS BEFORE FRIDAY, MARCH 24, 2023 - 8:00PM

Mail : carretta.g@orange.fr

ENTRY FEES

FRENCH SKIER : 30,00 € / RACE DAY

FOREIGN SKIER : 30,00 € / RACE DAY

(including the fees for ski lifts)

FOR FUTHER INFORMATION ABOUT THESE RACES, PLEASE CONTACT:

Gilles CARRETTA / carretta.g@orange.fr

Yannick DEBEUX / yannick.debeux.praloup@gmail.com

(booking training track)

ACCOMMODATION

IN THE UBAYE VALLEY (NO PARTICIPATION BY THE ORGANISATION)

MAXIMUM RATE

PER PERSON/DAY FOR HALF BOARD ACCOMMODATION

For skiers : 80,00 €

For Coaches & Guides : 95,00 €

All lunches are offered by the organizer on the slopes.

PRA LOUP TOURIST OFFICE / WWW.PRALOUP.COM / INFO@PRALOUP.COM

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