

॥ Patañjali dhyāna śloka ॥

Meditation in honor to Patañjali, author of the yoga sūtra ।

yōgena cittasyā paḍena vācāṃ
mālāṃ śārīrasya ca vaidyākena ।

yō'pākarot taṃ pravaṇaṃ muṇināṃ
pātañjalim prāñjalirānāto'smi ॥

ābāhu puruṣākāraṃ
śaṅkhacakrāsīdhāriṇaṃ ।

sahāśra śirāsaṃ śvetam
prāṇāmaṃ pātañjalim ॥

śrīmate anantāya nāgarājāya namaḥ ॥