



Société des Régates Messines



REGISTRATION FORM Saturday, May 02, 2020
L'APPEL DE LA MOSELLE (METZ ROWING TOUR)

CLUB:

Name of the delegate:

Address of the delegate:

City: Postal code:

Tel.: Cell phone:

E-mail:

1 crew per form; choice of course: 57km or 25km

Last name (in capital letters)	First name	Date of birth (for foreign rowers)	License number (compulsory)
1			
2			
3			
4			
5			

Registration rower or companion included lunch	40 € x	=
Seat(s) rental	15 € x	=
	Total	=

To be returned with payment proof to:

By post :

Société des Régates Messines
 Alain COURVOISIER
 2 quai des Régates
 57000 METZ

Or by email

alain.courvoisier@modulonet.fr

Date :

Signature :



Société des Régates Messines



ROWER'S COMMITMENTS

The rower recognises :

- o knowing how to swim well
- o having a sufficient level of fitness and rowing practice to complete the course
- o Being in possession of a valid FFA or international license
- o Having a medical certificate allowing the practice of rowing.
- o Respecting the current navigation code, as well as the rules and instructions given by the organizers.

(Rowers practicing abroad and licensed in a national federation must be insured by an initiation certificate).

On board each boat :

- o Each rower must have at his disposal a life jacket, which must be worn in the locks.
- o The crew is equipped with scoops and a 10m length and 10mm diameter rope for mooring and towing, and a hook with non-metallic tip.
- o The crew appoints a boat captain.
- o The boat captain must be qualified and adult, he (she) must:
 - ensure the safety of the crew and the respect of the river navigation code
 - know the rowing tour program and the safety instructions. He (she) attends any meetings
 - check the equipment condition before departure
 - be sure of the experience and skill of the cox.

I, the undersigned President of
certifies that rowers participating to « L'APPEL DE LA MOSELLE » subscribe to
the conditions mentioned above.

Date and signature